

## Troubled Person?

Consult with Counseling Services,  
Student Affairs or Police (After Hours)

- Confused
- Very sad
- Highly anxious
- Irritable
- Lacks motivation and/or concentration
- Demonstrates bizarre behavior, or thinking/talking/writing/e-mailing/texting about Suicide

## Referring to Counseling (UCS)

- Referrals to UCS can be made for undergraduate and graduate students
- Make the recommendation of counseling services to the student.
- Reassure the student that it is an act of strength to ask for help.
- Remind student that campus counseling services are free and confidential.
- Offer to help make the initial contact by calling or going with the student to counseling services.

## BRACT Members

### Robert Deluty

Associate Dean of the Graduate School

### Patricia Wick

Director of Training,  
University Counseling Services

### Kim Leisey (Convener)

Associate Vice President Student Affairs



### Paul Dillon

Deputy Chief of  
UMBC Police

### Christopher Tkacik

University Counsel

# Behavioral Risk Assessment and Consultation Team

**The Behavioral Risk Assessment and Consultation Team (BRACT)** has been established to assist the UMBC community in addressing situations where a person is displaying disruptive, disturbing or threatening behaviors. BRACT is an interdisciplinary team that examines reports of disruptive or disturbing behavior to help identify persons whose behaviors may endanger their own or others' health and safety. BRACT is not an administrative, treatment or disciplinary body; rather it is designed to provide information, recommendations, and referrals to those dealing with threatening or disruptive situations. It does not adjudicate, discipline or impose sanctions against any member of the campus community, nor does it provide or mandate treatment.

## The Behavioral Risk Assessment and Consultation Team:

- Responds to reports of concerning behavior and assesses whether the person exhibiting reported behaviors poses a risk to self or others;
- Makes recommendations for response to circumstances of violence, threatening behavior, unwanted pursuit, or harassment;
- Provides resource information helpful to students, faculty and staff;
- Investigates reports, makes referrals and recommends appropriate actions that may lead to ongoing observation of behavior patterns, treatment, monitoring for compliance with treatment plans, suspension, dismissal, termination of employment, or filing of criminal charges as deemed appropriate for the safety of the individual and the community.
- Identifies resources for troubled students and personnel and make referrals to appropriate campus and off-campus agencies;
- Makes recommendations to the Vice President for Student Affairs and/or the Vice President for Administration and Finance;

**UMBC is a member of the National Behavioral Intervention Team Association (NABITA)**

## Disruptive Person?

Call UMBC Police X55555  
or 911 (off-campus)

- Conduct is immediately or imminently disruptive or dangerous
- Makes verbal or physical threats to others
- Threatens suicide
- Resists help
- Potential harm to self or others

## Behaviors of Concern

Hostility; aggression; violence; inability to communicate clearly; loss of contact with reality; stalking behaviors; threatening letters/e-mail messages; harassment; threats of harm to self or others; change in behavior— including sleep, eating, mood; ominous fascination with or reference to weapons; verbal abuse; prolonged sadness; angry outbursts; comments/writing about suicide; chronic/hypersensitive complaints about persecution.

## Consulting with BRACT

- Consultations can include concerns related to any member of the UMBC community (alumni, visitors, conference guests, faculty, staff, students, etc.).
- Information is treated with discretion.
- A team member will ask for any information and observations you can provide including descriptions of concerning behaviors.
- A team member will advise you of appropriate actions

## Want more education?

**Mental Health First Aid**— classes arranged through Student Affairs

**Video and Discussion**- "Recognizing and Preventing Violence on Campus"- workshops arranged through Student Affairs