

UMBC UGC New Course Request: PHED 203

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Proposed Effective Date: Spring 2010

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COURSE INFORMATION:

course number(s)	PHED 203
formal title	Athletics and Leadership
transcript title (≤24c)	
prerequisite	None required
credits	3
max. repeat credits	0
grading method(s)	X Reg (A-F) <input type="checkbox"/> Audit <input type="checkbox"/> Pass-Fail

PROPOSED CATALOG DESCRIPTION:

This course develops and enhances student-athlete leadership skills, preparing them for leadership roles both in and out of athletics. Students will learn about various leadership theories and practice implementing them in practical situations. Upon successful completion of this course, students will learn more about their leadership style, responsibilities of ethical leadership, and how to motivate and encourage those around them.

RATIONALE FOR NEW COURSE:

Often student-athletes step into the role of team captain without having a clear understanding of what it means to be a leader. As student-athletes graduate and pursue professional careers outside of athletics, they do not recognize the transferable skills they possess and how they are applicable in other realms. This course will provide the foundation to create better leaders both in and out of the athletic realm. Student-athletes with greater confidence in their leadership skills are better able to influence the behavior of their teammates outside of playing field. This is a valuable resource

ATTACH COURSE OUTLINE (mandatory):

Instructor: Jessica Hammond hammond@umbc.edu x52290 RAC Rm. 220

Required Texts:

Komives, S.R., Lucas, N., and McMahon, T.R. (2007) *Exploring Leadership for college students who want to make a difference, 2nd edition*. California: Jossey-Bass.

Academic Integrity: Academic misconduct may include but is not limited to the following:

- Cheating:** knowingly using or attempting to use unauthorized material, information or study aids in any academic exercise.
- Fabrication:** Intentional and unauthorized falsification or invention of any information or citation in an academic exercise.
- Facilitating Academic Dishonesty:** Intentionally or knowingly helping or attempting to help another commit an act of academic dishonesty.
- Plagiarism:** Knowingly representing the words or ideas of another as one's own in any academic exercise, including works of art and computer-generated information/images.

Participation: Miscellaneous points will be assigned for various homework and in-class assignments.

Leadership Interview: (100 points) Interview your coach and captain to get their perspective on the responsibilities, risks, and rewards of being a team leader. Ask the following questions:

CAPTAIN

1. What is their definition of effective leadership?
2. What principles or ethics guide their leadership?
3. What does our coach expect from you as a leader?
4. What do your teammates expect from you as a leader?
5. What are the best things about being a leader?
6. What are the toughest challenges about being a team leader?

COACH

7. What is their definition of effective leadership?
8. What principles or ethics guide their leadership?
9. What qualities and skills do they look for when determining team captains/leaders?
10. What do you expect from your team leaders?
11. What are the toughest challenges for your team leaders?

Analyze the answers and determine any similarities and discrepancies. How can these positively or negatively affect the team chemistry and the relationship between the coach and captain? (3-5 pages)

Leadership Book Presentation: (100 points) Students will select one of three books to present back to the class: Tuesday's With Morrie, The Alchemist, or Holes. Analyze the book and determine which leadership model the main character displays. Support your choice with examples from the book and your text.

LID Project: Page 408, #3 in your book. You must include answers to the questions and your developmental process chart.

Group Project: 100 pts. Each group will select a professional athlete. Based on the leadership theories and skills they learned from the course, they must present about their professional athletes leadership style, DiSC style, and the various techniques these athlete utilize to motivate and encourage those around them. Concrete examples must to included to support claims, articles, clips, sound-bites, etc. Students will be expected to present the project during the final class period.

<u>Date</u>	<u>Theme</u>	<u>Assignment Due</u>
Week 1	Introduction Team Building	Chapter 1 – Meet in RAC on rec. bball court
Week 2	Leadership Theories Relational Theory	Chapter 2 Chapter 3
Week 3	Understanding Yourself	Chapter 4 & DiSC
Week 4	Integrity & Moral Purpose	Chapter 6 & Leadership Interview Due
Week 5	Understanding Others	Chapter 5

Week 6	Interacting in Teams	Chapter 7
Week 7	Presentation skills	Leadership Presentations Due
Week 8	Spring Break	
Week 9	Being in a Community	Chapter 9
Week 10	Developing Leadership Identity	Chapter 13
Week 11	Becoming a Team Captain	
Week 12	Leading by Example	LID Project Due
Week 13	Vocal Leadership	
Week 14	Mind, Body, Spirit Transferable Skills	Chapter 14
Week 15	Group Presentations	