Megalopolis is a center of large and dense population in the US. Within the region a central spine of dense population can be identified that runs from Washington DC up to New York, thins and then thickens around Boston. The largest counties, in terms of population are in the New York area. Kings NY has a population of 2.4 million and Queens NY has 2.2 million. The small population counties are on the fringes, such as King George, VA with 16803 and Clarke VA with only 12,652.

What grabs the eye is the dense cluster of large population counties in both New York and the central spine that runs from Philadelphia to New York including such counties as Camden NJ with 0.5 million and Middlesex NJ with 0.75 million. At the center of Megalopolis is an incredible concentration of population, the densest in the nation.

The U.S. map paints a somewhat different picture. In part, this is a result of some states having considerably larger area than others. Large states like New York, Florida, Texas and California by virtue of their size will display high values, while small states such as Connecticut and Rhode Island have high population density, but do not possess large absolute numbers of people. Therefore, the states making up Megalopolis do not reflect the high population values usually associated with this region.