Almost one in every two households in the US contains children less than 18 years of age. Megalopolis is slightly below the national average. Alaska and Utah with 58.1% and 56% respectively stand out as states with a majority of such households.

Across Megalopolis there are substantial variations. Areas of retirement, such as Barnstable MA and Cape May NJ, and those with a more elderly population such as Lackawanna PA and Talbot MD have figures lower than the national average. The central city areas of Washington DC, Baltimore, Philadelphia, New York and Boston also have figures lower than national average; in part a function of the selective suburbanization of nuclear families. Households with children are found in the suburbs while single person households and non-child households tend to be located in the central cities. Areas above the national average include the recent growth, family type suburbia counties around Washington DC including Stafford, VA and Loudon VA as well as the family dominated Bronx NY which stands out as central city area with 56% of households with own children under 18. Apart from the Bronx these households are concentrated in suburban counties.