It takes the typical US resident 25 minutes to travel to work. Behind this national figure is a huge regional variation from the "barely enough time to get the car engine warm" 15 minute commute in North Dakota to the 31 minutes in New York.

Megalopolis has some of the longest travel times in the country. A dense population, busy roads and congested traffic all play a part in making long commutes a fact of everyday life in this giant urban region. Long journeys to work represent a considerable amount of fuel use, pollution and wasted time.

The shortest travel times are recorded in Nantucket MA where it takes less than 10 minutes on average to travel to work. Meanwhile the typical resident of Kings NY takes 43 minutes, as many people spend almost an hour getting into New York City. And remember, that is an average; many people are spending longer. In some of the more rural areas, such as Warren VA and Perry PA, long travel times are a function of sheer distance rather than congestion. In these two border counties of Megalopolis the average travel times are respectively 39 minutes and 34 minutes.